

## Can you see the wood for the trees?

If so, you are one of the lucky ones. According to statistics, 1 in 5 people in the UK over the age of 75 suffers from significant visual impairment, making sight loss the most common cause of disability in the country.



Berkshire County Blind Society is a local independent charity working with over 2,000 blind or partially sighted people.

Only with continued funding and support can BCBS carry on with the work it does and respond to the

needs of its visually impaired member's living in Berkshire.

BCBS would like to invite you, your friends and family to take part in **a sponsored walk with a difference** around Greenham Common. We can supply you with posters to put up at your workplace or local shops and pubs. We are also looking for volunteers to help on the day, so please call us if you can spare a few hours.

For more information call 0118 987 2803 or e-mail [office@bcbs.org.uk](mailto:office@bcbs.org.uk)



# BERKSHIRE COUNTY BLIND SOCIETY

Enjoy a day out with fresh air, wonderful scenery and good company while raising money for Berkshire County Blind Society.

Our Sponsored Walk **WITH A DIFFERENCE** will take you round taxiways of the now restored Greenham Common Heath.

Mini challenges at the start/finish will give you an insight into the world of sight loss.

## SPONSORED WALK

10am  
Sunday 27th  
September  
2009

An independent local charity  
supporting visually impaired people in Berkshire  
Charity number 202351

# Join us for a Sponsored Family Walk with a Difference!

**10am Sunday 27th September 2009**

The walk will follow the taxiway of the old US airbase, a name linked world-wide with the awesome potential of nuclear deterrence and the protest movement it gave rise to.



The old runway, once the longest military runway in Europe, is now being overtaken by purple heather and yellow flowering gorse with cattle and ponies grazing nearby. The control tower and silos are still there and give a sense of what it was like in its operational days.



As well as completing as many 6km circuits as you want to, you can try your hand at simple everyday tasks while wearing a blindfold or Simispecs. These are glasses that simulate various forms of visual impairment, giving you a sense of what it could be like to experience sight loss.

Please note that the Common is exposed to the elements and that everyone should come prepared for wind, rain and/or shine. Dogs are welcome if kept on a leash.

## Berkshire County Blind Society

5 Erleigh Road, Reading, RG1 5LR

Tel: 0118 987 2803

Email: [office@bcbs.org.uk](mailto:office@bcbs.org.uk)

[www.bcbs.org.uk](http://www.bcbs.org.uk)



**BERKSHIRE COUNTY BLIND SOCIETY**

Charity number 202351

Each adult should fill in a separate form. Please photocopy if necessary.

Title	
Surname	
Forename	
Address	
Postcode	
Telephone(s)	
E-mail	

No. of children		Ages					
-----------------	--	------	--	--	--	--	--

Tick number of 6km laps you aim to complete	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
For those with limited mobility there is an alternative 3km route. Tick here if this is your preference							<input type="checkbox"/>

To register, complete this form and send with your registration fee of £5 per adult and £2 for those over 65 (under 16s are free but must be accompanied by a responsible adult).

This payment will help to cover the cost of BCBS administering the event. You will receive a pack with more information about the walk, a sponsorship form and some fundraising ideas.

Each person taking part in the Sponsored Walk is encouraged to raise at least £50 in sponsorship, 100% of which will go to Berkshire County Blind Society.

**I enclose a cheque for £..... payable to BCBS.**

Please return completed forms and payment to:-

**Berkshire County Blind Society, 5 Erleigh Road, Reading, RG1 5LR**

*This event is potentially hazardous in nature due to it taking place in the natural landscape. All reasonable steps will be taken by the organisers to ensure the safety of those taking part. Participants are expected also to take responsibility for their own safety and that of others.*